



****Please let us now you are on a Gluten Free Diet**

STARTERS

Yogurt, Honey and Walnuts- Thick and Creamy Strained Greek Yogurt, Smothered with honey and Topped with walnuts \$4.99 Both yogurt, honey and walnuts are great for the digestive system, and the combined tastes are delicious.

Greek Omelet- 2 eggs, tbs. of heavy whipping cream lots of feta \$6.99

Jakes Greek Omelet -3 eggs, tbs. of heavy whipping cream, sautéed spinach, tomatoes and lots of feta \$7.99

Stuffed Grape Leaves – 5 Savory rice stuffed grape leaves served with tzatsiki sauce

Grilled Baby Octopus – Grilled Baby Octopus topped with Extra Virgin Olive oil, Greek Spices, lemon and Balsamic Vinegar

Appetizer Plate – 4 dolmas and 1 feta-stuffed piquant pepper with choice of dip. \$13.99

** All Our dips except Tabouli R Now Gluten Free

**Please let us now you are on a Gluten Free Diet. And we will give you chopped vegetables with your dips. Extra Veggies are \$2.5 each order

Tzatsiki (*Yogurt Cucumber Sauce*)

Yogurt, cucumber, garlic and dill. \$6.99

Jake's Eggplant Dip

Roasted eggplant, spices, walnuts and feta. \$6.99

Eggplant Dip

Roasted eggplant, lemon, herbs and spices. \$5.99

Red Bell Pepper Dip

Roasted Bell peppers, whipped with feta cheese and Greek spices. (Greek Salsa) \$6.99

Feta Cheese Spread

Whipped feta, roasted Holland peppers, herbs and spices. \$7.99



Hummus

Chickpea, lemon, olive oil, salt and pepper. \$5.99

Olive Salad Spread

Olives, piquant peppers, onions and parsley. \$7.99

Guadalupe Dip

Zucchini, oyster mushroom dip. \$7.99

El Greco Trio

Choice of 3 dips with 1 grilled pita \$16.99

Add extra pita \$1.25

Soups Salad

Fasolada

A robust white bean and vegetable soup scented with fresh herbs. 12 oz \$5.99/ 24 oz \$9.99

House Salad

Romaine lettuce with tomatoes, onions, and carrots tossed with Greek dressing. \$5.99/\$8.99

Add Gyro Meat \$2.50 Grilled Beef \$3.00 Grilled Shrimp \$3.50

Greek Village Salad

Romaine lettuce, cucumber, red onions, tomato, bell peppers, olives and feta cheese tossed in Greek dressing. \$6.99/\$9.99 Add Gyro Meat \$2.50 Grilled Beef \$3.00 Grilled Shrimp \$3.50

Greco Coleslaw Traditional family recipe

Shredded cabbage, carrots, bell peppers, celery and leeks tossed in a Greek Vinaigrette. \$5.99/\$7.99

Chick Pea Salad

An old family recipe. Chick peas, red onions, lots of dill, tossed in a lemon vinaigrette. \$5.99

Cup of Soup w/Side House Salad

A choice of soup with our house salad mix. \$8.99

Add Gyro Meat \$2.50 Grilled Beef \$3.00 Grilled Shrimp \$3.50



Cup of Soup w/Side Greek Village Salad

A choice of soup with our Greek Village Salad. \$9.99
Add Gyro Meat \$2.50 Grilled Beef \$3.00 Grilled Shrimp \$3.50

Grilled Items

Souvlaki Plate (*Kebobs*) Traditional pork, chicken, shrimp or rib eye skewers, served with tzatsiki sauce & choice of two sides. **Pork \$12.99 / Chicken \$12.99 / Beef \$12.99 / Shrimp \$13.99**

Gyro Plate Traditional Home Made Recipe! (*Warning!! We do not use prefabricated Gyro Meat*) Pork or chicken served with tzatsiki sauce & choice of two sides. **Pork \$12.99 / Chicken \$12.99**

Char Grilled Lamb Chops Plate

4 char-grilled lamb chops, traditionally marinated with lemon, pepper, olive oil, garlic and oregano; served with tzatsiki sauce & choice of two sides. **\$16.99**

Sides

\$3

Rice Pilaf, Greco Peas, Greco Potatoes, Greco Fries

Hummus, Chick pea salad, Greco Cole slaw

Sub both sides for Side House Salad or Side Greek Salad, add \$1.50



Grilled
Meat Eater Plates
Are served ALA CARTE

GF Meat Eater Plate

1 souvlaki (kabob) pork, rib eye, chicken, or shrimp, gyro meat (chicken or pork) and 1 lamb chop.
\$11.99

GF Half Greek Meat Eater Plate

(Enough for 2 People)

2 souvlaki (kabob) pork, rib eye, chicken, or shrimp, Choice of gyro meat and 2 lamb chops. **\$19.99**

GF Full Greek Meat Eater Plate

(Enough for 3-4 People)

4 souvlaki (kabob) pork, rib eye chicken, or shrimp, Double Gyro meat choice and 4 lamb chops.
\$39.99

Add Side House Salad \$2.50; Add Side Greek Salad \$3.50

Entrees

Comes with side House Salad.

Upgrade to side Greek Salad \$1.25

Stuffed Zucchini

Zucchini stuffed with a blend of rice, beef and Greek spices, smothered with Gluten free egg lemon gravy. Served over small bed of rice. **\$12.99**

White Bean Casserole

Large white lima beans roasted in a tomato broth with carrots, celery, onions, lots of dill and parsley, served with a side house salad. **\$9.99**

Turlu *(Vegan Vegetable Casserole)*

Greek vegetable casserole made from squash, zucchini, eggplant, onions, bell peppers, celery, carrots, tomatoes, potatoes, parsley and dill, served with side house salad. **\$12.99**

Eggplant Boat *(Vegan without Feta Cheese)*

Half an eggplant stuffed with sautéed onions, garlic, bell peppers, parsley, and dill. Topped with slices of tomatoes and grated feta cheese. **\$12.99**

Vegan Plate

El Greco's delicious side of turlu and 2 Greco sides. Does not come with salad. **\$12.99**